



# Tír Na Nóg

*The Tír na Nóg is managed by  
Muiriosa Foundation - Laois  
Community Services*

*"Play is the child's most significant  
tool for preparing himself/herself  
for the future and its tasks"*

*Bruno Bettelheim*



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## Philosophy

- The Philosophy of the Tír Na Nóg group is to ensure respect and dignity for each child availing of the sessions and also to persons working within the group.
- To provide a secure and caring environment for all the children attending the play group, where each child can develop to their highest potential through play.
- The programme is aimed to support and empower parents, to help and guide their child's development and encourage improved parent/child interactions.
- To acknowledge each child's individuality and foster an environment which embraces cultural and religious diversity.



## Play Programmes

Play is vital to every child's social, emotional, cognitive, physical, creative and language development. It helps to make learning concrete for all children including those for whom verbal communication may be difficult.

- Sensory Development Play Programme
- Messy Play
- Interactive Play Skills



## Staff

The Tír Na Nóg group is facilitated by experienced, trained professionals in a positive, safe and caring environment.



## Play Programme Aims

The Tír Na Nóg groups achieve these objectives by utilising individually devised Play sessions which ensures that each child is given the means and opportunity to:

- Join in at the child's developmental level and build on his/her natural interests and there by improving their attention, engagement and communication skills.
- Open and closed circles of communications; improved child/parent interactions.
- Extend the circles of communications; improved family and peer interactions
- Children may also learn to manage relationships and improved relations with family and friends.
- Broaden the child's range of interactions and curiosity.
- For the staff / parents to tailor their interactions to the children's individual differences within each play group session and at home.
- Through sensory exploration and interactive experiences we help children to incorporate these experiences into reaching their developmental milestones.